



LO-Sport attire

EHS LO-Department

Please make sure to go carefully through the following update:

LO-Sport rules:

- YOU CANNOT PARTICIPATE IN LO-SPORT IN YOUR SCHOOL UNIFORM.
- All learners must change from the uniform into their LO-Sport kit OR come in the EHS tracksuit - wearing the STT (short, t-shirt, tekkies) underneath - on their day of LO-Sport.
- Incorrect attire: NO shoes, NO t-shirt, NO shorts/lycra shorts equals a tracking. TWO trackings = 5 demerits).
- Learners will be able to change in the bathroom by the locker or G-block.

LO-Sport attire:

- For LO-Sport you can wear any tekkies, any shorts/lycra shorts/long tights and any t-shirt (NO tank tops, NO straps, NO cleavage).
- If girls wear Lycra shorts/long tights, the t-shirt has to cover the bum.
- If you have a tracksuit, you can take off the bottom and the top for LO-Sport and put them back on afterwards.
- You must be wearing the tracksuit bottoms for ALL other classes during the day.
- IT IS NOT ALLOWED TO WALK AROUND IN SHORTS in other classes or during break.
- If you have an EHS polo shirt, you are allowed to take the tracksuit top off at all times.
- If you wear a MAD t-shirt, you must wear the tracksuit top in all other classes and during break, (you can wear the top open like a blazer).
- If you wear any other t-shirt, your tracksuit top must be zipped up in all other classes or during break.
- If you come in your uniform, you must get changed in above-mentioned venues. You will get 5 minutes more to get changed (10 min in total). If you arrive later, you will be tracked for being late.
- Learners that have to change back into the uniform can go to the lockers 5 minutes before the bell.
- ONLY learners that attend afternoon sport practices are allowed to go home in their shorts and t-shirts after 15.00.